Leading with Your Heart

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Family
Who Are You?
What do I hope you take away from today?

1. Characteristics of a winning team.
2. Various aspects of leadership.
3. One simple rule
Characteristics of a Winning Team

“Teamwork is what makes common people capable of uncommon results”

Pat Summitt
Winning Team = Know Your Goal - Mission - Values

The Department of Recreational Sports in the Division of Student Affairs promotes healthy lifestyle choices by providing development, growth, and education for the University of Georgia through the spirit of recreation.

To be recognized in the field of recreational sports as the best university recreation department in the country.

Ram Fam - everyone is welcome, come play!  
Excellence - be the best, exceed expectations  
Customer Service - we want to know who you are, everyone matters  
Spirit of Recreation - providing activities for enjoyment, there is something for everyone
Winning Team = Passion

“Play with passion and heart. If you don’t carry passion into sport - or in any job for that matter - you won’t succeed.”

Phil Esposito
This Phrase Sucks

“We’ve always done it this way!”
“I know everything I need to know!”
“We tried it that way before!”
“I blame the other person for that!”
“The Notre Dame Fighting Irish!”
Winning Team = Trust

“Anyone who has coached for long knows that you’ve got to establish trust with your players before you can ever lead your players. Trust is the most essential thing to establish as a coach. Players will not follow you completely until they can trust you completely.”

Dick Vermeil
Winning Teams... learn from defeat and celebrate victories

“If you’re going to make every game a matter of life or death, you’re going to have a lot of problems. For one thing, you’ll be dead a lot.”

Dean Smith
Winning Teams... know their roles
What’s the most dangerous fish in the world?

Selfishness
Follow the Golden Rule

“The Dash” by Linda Ellis
What kind of TATER are you?

Some people never seem motivated to participate, but are just content to watch while others do the work. They are called “Spec-Taters”

Some people never do anything to help, but are gifted at finding fault with the way others do the work. They are called “Commen-Taters”

Some people are always looking to cause problems by asking others to agree with them. It is too hot or too cold, too sour or too sweet. They are called “Agi-Taters”

Some people are very bossy and like to tell others what to do, but don’t want to soil their own hands. They are called “Dic-Taters”
What kind of TATER are you?

Some people can put up a front and pretend to be someone they are not.

They are called “Emma-Taters”

Some people are those who say they will help, but somehow just never get around to actually doing what they promised.

They are called “Hezzie-Taters”

Some are those who love others and do what they say they will. They are always prepared to stop whatever they are doing and lend a helping hand. They bring sunshine into the lives of others.

They are called “Sweet-Taters”
Don’ts of Leadership
Leadership Tips

• Become deeply self-aware and then get over yourself and be other focused.
• One of the greatest gifts you can give to those you lead is to be happy, no matter what is going on. Attitude is internal.
• The two things we can control are our attitude and effort.
• If you want to build relationships - the sweetest word you can say is their name. Remember it.
• Laughter is great medicine.
• Choose Faith instead of Fear - faith has a positive future - fear has a negative future.
• My best days are ahead of me, not behind me.
My Challenge to You!

Leadership = Relationships

Make a daily choice not for me but for others
Go DAWGS!